





## L3 SUPERVISORY FIRST AID FOR MENTAL HEALTH

**CUMBRIA - STARTS SEPTEMBER 21ST** 



## L3 EMERGENCY FIRST AID AT WORK

**CUMBRIA - STARTS SEPTEMBER 23RD** 



## L2 FIRST AID FOR MENTAL HEALTH

**CUMBRIA - STARTS OCTOBER 5TH** 



## L1 HEALTH AND SAFETY IN CONSTRUCTION

ONLINE - INCLUDES CITB TOUCHSCREEN AND 5 YEAR GREEN CARD

TO BOOK YOUR PLACE
VISIT WWW.BETTERBODIESUK.COM
AND CLICK BOOK ONLINE
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